Welcome Bush Dance

A Fantastic Night

Friday night saw the annual Welcome Bush Dance take place in the school grounds. It was a great night, with live music courtesy of Bushwahzee, glorious weather and lots of excited children! Over $700 was raised in ticket sales with another $300 from the Fathers Activity Club BBQ so thank you to all those involved for making the evening such a success. What a great start to 2015!

St Kilda Footballers Visit Year 5 & 6

Last week the Year 5 & 6 students enjoyed a visit from some St Kilda footballers who talked to them about leading a healthy and active lifestyle. They then went outside and took part in drills and a goal kicking competition.

The Parents Club would like to thank Angela Hawkins for co-ordinating this event in the first few weeks of the year. Without volunteers such as Angela these events are not possible. Well done, Angela and Thank you.
**Do You Know?**

Do you know the various ways in which BNPS facilitates two-way communication (between parents and school)?


Do you know that 2015 information by Year Level is available on our website?


Do you know that for safety purposes, non-school children/siblings (along with BNPS students of course!) are NOT permitted to ride scooters, bikes, skateboards etc., in the school grounds at drop off and pick up?


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**2015 Education Contributions**

A friendly reminder that the second payment instalment is to occur on Friday 27 February, for the families who have elected to pay in two instalments. If this applies to you please ensure that the funds are available.

If your family has elected to process the payment using Qkr please ensure the payment is made.

Education Contributions should be paid by 27 February unless special arrangements have been made with the Office.

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**School Council Election**

Ballot Papers for the School Council Election were sent home to each family earlier this week. If you wish to vote for a Parent Representative to be on School Council you must return the Ballot Paper to the Office by 4pm Tuesday 3 March.

Please ensure you follow the correct instructions listed on the paper to make your vote count.

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**Year 4**

**Project Rockit**

Project Rockit helped us with how it feels to be bullied. We learned that it’s not fun to bully and you should stand up for your friends. We talked about treating people the way you would like to be treated and we did some role plays. Lucy and Rosie taught us to always be honest and inclusive. It was interactive and pretty cool seeing the lab rats reacting to each situation.

By Olive and Jordie 4B

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**Golf**

On Thursday 19\(^{th}\) February Year 4’s walked to Royal Melbourne Golf Club and watched the Australian Women’s Open. We participated in some activities and did putting and chipping games. We saw the World’s Number 1 player Lydia Ko who is Korean and 17 years old. We also saw Cheyenne Woods (Tiger Wood’s niece). It was a really fun day and we learned lots about golf. Everyone got a drink bottle and wristband at the end and some people won golf clubs and balls.

By Damon and Bayley 4C
BOOK CLUB

Great news, Book Club is going paperless and cashless! This year all orders will be paid by credit card – the school will no longer be accepting cash or cheques for Book Club orders.

Pamphlets will be going out next week for the first issue of Book Club for the year. For families new to the school, Scholastic Australia through their Book Clubs offer a wide variety of books, posters, games etc. suitable for Foundation to Year 6. We offer Book Club to the school community once or twice a term. Placing your order is easy; please see below the instructions from Scholastic for ordering.

Introducing; LOOP is the NEW Scholastic Book Clubs Linked Online Ordering & Payment platform for parents Log in to www.scholastic.com.au/LOOP or download our new iPhone and iPad app from the App store.

*For a quick start, just click on ORDER in the top menu or REGISTER first to your details for next time.

*Select BEAUMARIS NORTH PRIMARY and your child’s class

*Add your child’s first name and last initial (so the school knows who the book is for)

*Enter the item number from the Book Club brochure

*You can order for multiple children at once if they attend the same school

*All orders are linked directly to the school for submission to Scholastic. Books will still be delivered to your child’s classroom if you order by the close date

*There’s no need to return paper order forms or payment receipt details to your school

For a quick How To Order video, log in to www.scholastic.com.au/LOOP and click on HELP in the top menu.

Orders close on Wednesday 11 March 2015.

** Please ensure that you are placing your order with BEAUMARIS NORTH to ensure the order is returned to our school.

CANTEEN NEWS

Thank you to the following parents who have volunteered their time to work in our Canteen.

<table>
<thead>
<tr>
<th>Friday 27 February</th>
<th>Monday 2 March</th>
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<tbody>
<tr>
<td>Libby Doyle</td>
<td>Kate Brady</td>
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<tr>
<td>Jeannie Lowe</td>
<td>Donna Hall</td>
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<tr>
<td>Tania Arthurton</td>
<td>Sarah Hutchins</td>
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<tr>
<td>Natalie Watson</td>
<td>Leah Pitt</td>
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<td>Bernadette Wilkinson</td>
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<td>Angela Stephens</td>
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<td>Natalie Beaumont</td>
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<td>Jacquie Bliss</td>
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<tr>
<th>Wednesday 4 March</th>
<th>Friday 6 March</th>
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<tbody>
<tr>
<td>Sophie Nesci</td>
<td>Jette Doherty</td>
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<tr>
<td>Lisa Welsh</td>
<td>Anastasia MacArthur</td>
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<td>Shannon Seers</td>
<td>Nicky Lloyd</td>
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<td>Kirsty Ellis</td>
<td>Kylie Knox</td>
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<td>Michelle Lafferty</td>
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<td>Victoria Weeks</td>
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<td>Monique Pilkadaris</td>
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<td>Terry Pilkadaris</td>
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NOTICES SENT HOME THIS WEEK

- School Council Election Package
- Year 5 & 6 Sport Roster – Term 1

Copies of all notices sent home can be found on our website at: http://www.beaumarisnorthps.vic.edu.au/general_notices.htm

INFORMATION ATTACHED TO THIS NEWSLETTER

- Helping Kids To Cope With Separation Distress
**Anxiety**

By having conversations with your child about school expectations and how they are feeling about school can help identify why your child is feeling anxious. Anxiety can often be decreased and inappropriate behaviours prevented or reduced if the student is prepared for change and transition.

A great App to get these conversations started is ‘I learn’ Bizzibrains

Bizzibrains was designed for kids from 3-8 years old. It gives kids the opportunity to prepare for school interact and participate in school like routines through the use of interactive activities and social story. It is beautifully designed where the child is able to put voice overs and profile photos to personalise their own story.

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**Helping children to cope with separation distress**

Parents and carers and staff can help children manage their separation distress by:

**Working together**
- Share information about what is going on in your child’s home and early childhood service
- Develop a positive goodbye routine together (e.g., sharing a ‘high-five’, a special goodbye hug, or some funny or loving gestures such as ‘bear hugs’)
- Connect your child with staff members the family knows well and are available to greet them.

**Building trust**
- Always say ‘goodbye’ to your child and let them know when you will be back
- Always respond to a child’s distress
- Try to be reliable and on time when you return to your child.

**Building safety**
- Be calm, warm and friendly
- Avoid lengthy goodbyes as they may increase separation distress
- Support the child to become engaged in an enjoyable experience before leaving
- Have routines so children feel safe and are able to predict when their parents and carers will return.

**Children’s mental health and wellbeing is supported when staff and families work together to enable children to have positive goodbyes.**

**Preparing your child**
- Visit the new early childhood service with your child
- Find out about and engage in the service’s orientation activities and processes
- Gradually build up your child’s experiences of separation so that they feel safe and reassured
- Shorten the first few days at the early childhood service
- Talk with your child on the way to the service about what will happen and reassure them you will be back.

**Reconnecting and providing continuity**
- Spend extra time with your child when you reunite to reconnect again
- Allow children to express their distress, acknowledge the child’s feelings and avoid labelling or criticising
- Talk with your child about what you can do when you see each other again
- Increase the child’s feelings of safety and connectedness by bringing a familiar toy or photo from home
- Talk with your child about their day and what they enjoyed.